how to be a model



o you've finally had enough. You watched that MTV fashion special last night, and decided that even you, despite your overly large nostrils and sick protruding belly button, look better than Kate Moss. Well, if you really want to be a model, you have to scrap all of your previously held conceptions of beauty.

For example...

Needle tracks *are* sexy. The longer and more defined they are, the better. 'Cause hey, as a model, heroin will become a fourth food group for you. (Yes, I said fourth. Protein just doesn't work. Goes straight to your hips. Which by the way, you aren't allowed to have.)

You have no say in what you wear. You have no fashion sense. What is fashionable is determined not by the "industry" (whoever they are). Fashion is determined by a group of five

By Alexis Alias, model at large

men, ranging in age from 41-74, all without hair. They sit collectively in a small trailer, located in a Kansas trailer park, assembling outfits from old cast costumes of "Joseph and the Amazing Technicolor Dreamcoat." Accept what they say, for everyone else does. In fashion, daring to go against the grain will result in your immediate removal from the spotlight. Incidentally, has-been models spend the rest of their lives trying to find that spotlight again.

And remember, as a model, you have to date lots of rich, sexy, famous guys. You are only allowed to date them for a month and you must have sex with them.

Otherwise, the paparrazzi won't have any pictures.

And most importantly, you can't eat. Starvation, combined with the aforementioned drug habit, will create that anorexic-baggy-eyed-spacey look. And that look is a necessity. Just imagine— if models looked like they were things of beauty, to be worshipped and admired.

So remember the five things you must do to be a model: 1) Shoot heroin. 2) Lose all remaining intellect. 3) Become indifferent. 4) Spend lots of time on your back. 5) Starve.

If you do all of these things and perform the right "acts" you, too, can have a successful, fulfilling career as a model!



Above: the author in mid-pose.
Left, Below: A typical model in action.



Page 8 SweetBread April 1998